

KERRIDEN

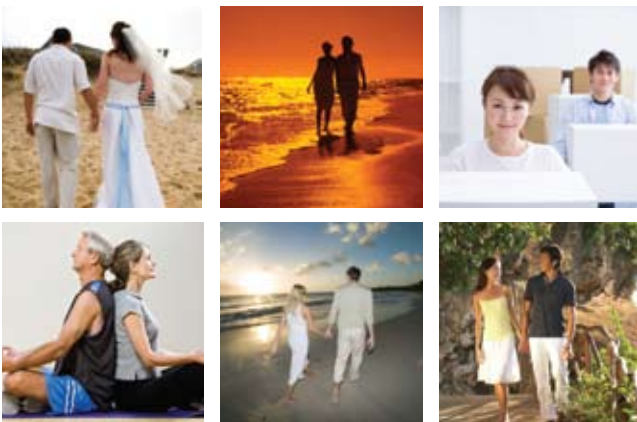


KERRIDEN ROMANCE AND RELATIONSHIP GROUP,
Managed by Ignite Coaching Inc.

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Kerriden is named after the Celtic goddess Cerridwen, the goddess of education, arts, knowledge, intelligence and creativity. She is also named the White Lady of Inspiration and has a magical cauldron of healing and inspiration.



Get some much needed R & R in your life. Romance and Relationship. This is not a singles group but a new and exciting coaching program to transform all your relationships to more enjoyable levels, whether friendships or sexual relationships, whether you are male or female, whether single or married or in relationship transition. We have heard in our coaching practice that finding that one special love is difficult, sometimes impossible. We have heard that people are lonely even though they are surrounded by other people. And couples need to constantly work at keeping their sex life exciting.

Kerriden has as its mission to heal and inspire relationships and bring romance back into the world by dipping into our magic cauldron of education, exploration and playfulness.

We meet once a month for a guest talk and to network/socialize. The format of group evenings will vary and will include guest speakers, dinners, dance evenings, book evenings or mini-workshops on relevant topics. Guest speakers will be invited to talk on a wide variety of relationship and life topics including sexual matters. All participants will be enrolled in a coaching program with *Ignite Coaching Inc.* where they receive coaching support for either 2 or 3 sessions of 30 minute duration each per month. This ensures that each participant is fully supported as they explore their particular relationships and how much sexual or romantic spice they have or need in their lives.

Attend a free information session to discover more or email us at soar@ignite-coaching.com.

Next one hour information meeting :

Date: _____

Time: _____

Venue: _____

“Allow me to know what I know, to understand what I need to know and to have courage to discover something new”

– GODDESSES, BY SUE JENNINGS, PH.D